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Week ending Friday, October 3, 2014

**WIN TRIP TO A HOLIDAY CAMP**

See p2



## NEW CROSSRAIL SET TO BOOST LOCAL ECONOMY

By Suzi Muston

[havering@yellowad.co.uk](mailto:havering@yellowad.co.uk)

A MAJOR economic study shows Crossrail will deliver hundreds of millions of pounds in benefits to east London when it opens in 2017. Faster journey times, reduced road and public transport congestion, improved productivity and higher earnings are the key benefits the new railway will deliver to both businesses and individuals.

The study, conducted on behalf of Crossrail by consultants Colin Buchanan, found that when results were modelled for just one year - 2026 - they showed the annual economic benefit to Barking and Dagenham would be more than £16 million.

Crossrail will run 118 km from Maidenhead and Heathrow in the west, through new twin-bore 21 km tunnels under central London to Shenfield and Abbey Wood in the east. Work will soon start of revamping Romford, Gidea Park and Harold Wood railway stations.

It will bring an additional 1.5 million people within 60 minutes

commuting distance of London's key business districts.

When Crossrail opens in 2017 it will increase London's public transport network capacity by 10 per cent.

Experts said this will secure London's position as a world leading financial centre by cutting journey times across the city.

Crossrail spokesman Nick Mann told the YA: "There has been an economic analysis from a number of sources. There will be productivity benefits from faster transportation. People coming into Havering will be able to there faster, thus either working more or spending more money.

"Also, Romford, Harold Wood and Gidea Park will become more attractive places to visit as they are on the Crossrail line."

Mr Mann said the rail service will relieve congestion which will also create massive economic benefits.

A report from the Audit Office in January 2014 said the strategic need for Crossrail had become clearer because of the population growth in places such as Havering which had risen quicker than expected.

### The facts...

Borough Total Benefits	(£m)	Borough Total Benefits	(£m)
Barking and Dagenham	16.7	Hounslow	26.6
Barnet	30.5	Islington	40.9
Bexley	58.3	Kensington and Chelsea	35.2
Brent	31.3	Kingston Upon Thames	18.3
Bromley	28.6	Lambeth	61.0
Camden	64.0	Lewisham	34.7
Croydon	29.5	Merton	14.3
Ealing	56.9	Newham	99.8
Enfield	27.5	Redbridge	48.9
Greenwich	84.5	Richmond Upon Thames	21.0
Hackney	26.1	Southwark	58.4
Hammersmith & Fulham	23.3	Sutton	13.6
Haringey	32.6	Tower Hamlets	51.8
Harrow	16.2	Waltham Forest	15.4
Havering	43.3	Wandsworth	25.8
Hillingdon	58.5	Westminster	47.6

Crossrail director of land and property, Keith Berryman said: "The benefits of reduced congestion on roads and public transport as well as productivity gains by businesses will be felt across areas such as Havering.

"Crossrail will enable the creation of thousands of additional jobs in

London's business centres with more people able to access major employment centres such as the West End and Docklands.

"Crossrail is critical to the major increase in development planned for major economic centres such as the Docklands over future years, which in turn will support the cre-

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## College ready for January intake

A NEW college has opened in East London - with more to follow.

The Mont Rose College has expanded from Leyton into Cranbrook Road, Ilford.

The building was formally launched by mayor of Redbridge, Ashley Kissin, who cut the ribbon to the building alongside mayoress, Hilary Kissin and college principal Bilal Sheikh.

The college will accommodate 500 students enrolling in HND and HNC qualifications, mostly higher education courses in business management and sciences.

Professors and administrative staff, joined members of the Mont Rose College team for the celebrations, a 1940s vintage tea party and

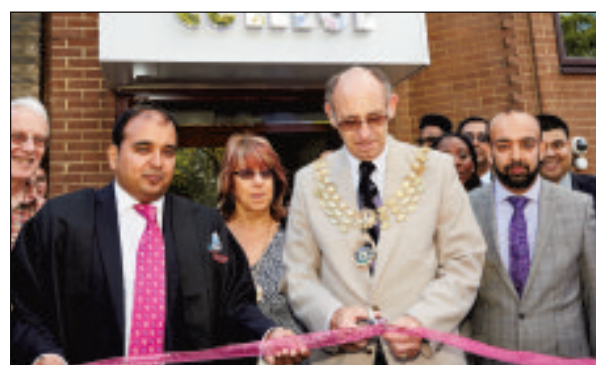
a traditional Bulgarian band.

Mr Sheikh said: "We are delighted to open this brand new campus. We are absolutely committed to bringing outstanding education in business and management to the surrounding area.

"We're currently accepting applications for our January intake and we'd love to hear from people that are interested in joining us."

The Mont Rose College already has an 800 student campus in Leyton. Mr Sheikh said the college aims to create a third £3m site in Redbridge shortly.

Applications are now open for the January 2015 intake - to find out more call 020 8556 5009 or go to <http://mrcollege.ac.uk/>



OPEN: Redbridge mayor Ashley Kissin, alongside mayoress, Hilary Kissin and college principal Bilal Sheikh

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## Competition

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**HEALTH RISK:** Cockroaches on the kitchen floor at Spice in Hale End Road, Chingford

## Cockroaches found at takeaway

A ROUTINE inspection of an Indian takeaway in Chingford revealed 'filthy conditions with live and dead cockroaches on the premises'.  
Waltham Forest Council's environmental health officers visited Spice, Hale End Road, last Thursday. It was shut with a hygiene emergency prohibition notice served by the authority, citing a risk to health.  
An inspector said: "Cockroaches could easily access food preparation worktops, some of which held open containers of food, and dead cockroaches were littered throughout the business. Filthy conditions were also found throughout the business with floors, walls, units and equipment encrusted in long-term deposits of grease and food waste."  
"Poor structural repairs such as holes in walls and lino flooring coming away provided easy access and harbourage to cockroaches."  
Council environmental health officers went to Stratford Magistrates' Court on September

18 to gain a hygiene emergency prohibition order to ensure the business remains closed until the imminent risk to health had gone.  
Magistrates ordered the business to pay Waltham Forest Council £569 in costs.  
The takeaway reopened on Sunday.  
Councillor Clyde Loakes, deputy leader and cabinet member for environment, said: "It's inconceivable that the restaurant employees were not aware of the problems highlighted and yet rather than doing anything meaningful to address the problems, they simply carried on cooking food in filthy conditions crawling with cockroaches."  
"The lack of any respect for their customers is scary and we will do everything we can as a council to make sure they are held to account."  
Cllr Loakes added: "I hope any other businesses in the borough showing a similar lack of regard pay attention and clean up their acts. Our residents deserve better."

# 24-hour Tube service given the green light

MAYOR of London Boris Johnson has announced the starting date for the 24-hour London Tube service.  
The Night Tube is set to create 2,000 jobs and boost the capital's economy.  
The first all night weekend Tube services will start on September 12 next year.  
Mr Johnson said demand for a 24-hour Tube service was clear.  
Already more than 500,000 travellers use the Tube after 10pm on Fridays and Saturdays.  
Late night Tube use has increased at double the rate of daytime trips since 2000 and night bus usage has risen by 270 per cent since that time too.

Mr Johnson said the new service has been made possible, thanks to modernisation of significant parts of the underground network and improved levels of reliability.  
The Night Tube will cut journey times by an average of 20 minutes, with some trips slashed by more than an hour.  
He added: "It will also play a vital role in opening up London's night-time economy to a host of new opportunities, thousands of jobs and will boost the economy by £360million."  
"As the most visited city in the world, London will join just a handful of other top world cities, including New York and Berlin, which also provide underground services through the night."

Mike Brown, managing director of London Underground, said: "This will open up new possibilities across the night-time economy, and is a historic step in our modernisation of the underground."  
"The new service will boost jobs and will benefit the economy by hundreds of millions of pounds. We will also now be exploring any sponsorship opportunities that could make this transformative service even more cost-effective."  
Rebecca Kane, general manager of The O2 arena, North Greenwich, said: "This will revolutionise the London night-time economy and have a positive impact on those that work and play in it."

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# Hospice to stage glitzy 1930s fundraising ball

ENJOY a ritzy, glitzy evening at Saint Francis Hospice's seventh Forget me not Ball, which pays homage to the 1930s as the charity celebrates its 30th anniversary.

Guests will be transported back to the golden age of entertainment with music from the 1930s – a decade with acting greats such as Errol Flynn and Greta Garbo and films including Gone with the Wind, Puttin' on the Ritz and the Wizard of Oz released.

On arrival, enjoy a champagne reception with music from stunning Irish vocalist Megan McConnell followed by a three-course meal and dancing in the brand new Pavillion.

There will also be the chance to bid on some exclusive items in our auction with the brilliant Russ Williams, one of the UK's most sought after comedians on the after dinner circuit.

Havering-based The Ad Hoc Players Theatre Club will perform at their first ball with a short piece set in 1936.

The ball is at Hylands House, in Chelmsford, on Saturday, October 18.

The Rockabellas, regarded as today's answer to the Andrews Sisters, will perform a repertoire featuring tunes from Ella Fitzgerald and Duke Ellington.

Sarah Lindsey, who grew up in Upminster and formed the Rockabellas four years ago, said: "The ball is lovely and we are honoured to be invited back



FLASHBACK: The Rockabellas will be performing at Saint Francis Hospice's 30th anniversary ball

again this year to support this fabulous local charity. My grandad and a close school friend both received care from Saint Francis when I was young and I know both of them were comfortable

and happy during their final days."

For tickets email fundraising@sfh.org.uk or call 01708 771405 to make your booking.

The ball takes place from 6.30pm.



CASH: Sue and Colin Higbee with Barry White, and Linda Borg from Saint Francis Hospice

## Colin waxes lyrical as chest hair goes

COURAGEOUS Colin Higbee has been through the pain barrier to help Saint Francis hospice.

Lorry driver Colin, 45, from Harold Wood, has had the hair on his chest waxed off to raise £1,310 for the hospice in Havering-atte-Bower.

Friend Barry White said: "We were drinking one day in the Harold Wood Neighbourhood Centre and Colin said we should do something at the centre to help the hospice over the summer bank holiday weekend.

"Somehow that conversation ended with Colin pledging to be sponsored to have all the hair on his

chest removed."

A number of girls were organised by Colin's wife, Sue, to help him achieve his new buff, smoother look.

Colin said: said: "I think some of them wanted to see me in pain – and it really hurt when four of them were pulling wax strips off me at one time. I've known a few people who have been cared for by Saint Francis Hospice and my wife Sue used to be a volunteer in their fundraising office, so I know it's a really good local cause, and I'd like to say thank you to everyone who sponsored me."

● To find out how you could help the hospice visit [www.sfh.org.uk](http://www.sfh.org.uk).



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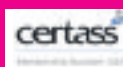


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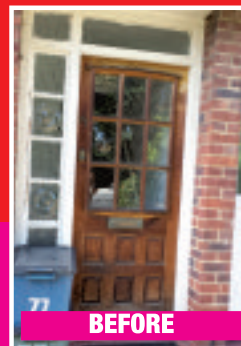
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**JOBS: Wayne Platt at the Tesco distribution centre in Rainham**  
Photo by Mark Cleveland

## Driving jobs boost with supermarket

A TOTAL of 40 driver delivery jobs are on offer in Rainham with an annual salary of about £34,000.

The jobs will be based at the Tesco distribution unit in Beam Reach Business Park, Consul Avenue.

The vacancies are full-time permanent position and staff will work a 42.5-hour week.

The drivers must have a class C+E driving licence with no restrictions, digital tachograph smartcard, and have no more than six points on their licence.

The planned shift lengths are from six to 12 hours.

Distribution centre manager Wayne Platt said: "We are delighted to be able to create these 40 positions. We have already created 525 jobs in Rainham with our distribution facility and hope

to employ more people from the local area for these roles."

The firm has an award-winning defined benefit pension scheme, life assurance, a 10 per cent colleague discount card and a share scheme.

Applicants may be asked to attend pre-employment drug and alcohol tests.

Duties will include operating large goods vehicles to move products in and around the distribution network, delivering to stores and collecting goods from suppliers.

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235/40R18 95Y	£65.00	£75.00	£85.00	£120.00	£125.00
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# Oh solar mio

UPMINSTER could become the London-wide leader in providing green energy leader with creation of a solar park with the capacity to create electricity for 5,000 homes.

Haverling council has received a planning application from Green Switch, a firm dedicated to providing energy from solar panels.

The application has been submitted for disused piece of land next to Clay Tye Farm, North Ockendon.

The use of solar panels in the park would see a reduction of almost 8,000 tonnes of carbon.

Green Switch said the development would not create any noise, waste or pollution from the hundreds of 2.4 metre panels.

A spokesman said: "No trees or hedgerows would need to be removed to instal the, while all existing trees and hedgerows will remain untouched.

"In addition, a viewing area has been proposed with seating area and information boards for passers-by.

A public consultation was carried out and a decision will be made by December 8."

A spokesman for Haverling council said: "We have a planning application in, P1249.14 on the planning portal.

"The decision will be made by December so can't make a comment on this at this stage."



What do you think? Write to Readers' Letters, Yellow Advertiser, Acorn House, Great Oaks, Basildon, Essex, SS14 1AH, or e-mail letters@yellowad.co.uk

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WHAT images capture the essence of Havering for you? Sunset at Harrow Lodge Park (pictured)?

Residents are invited to send in a digital photograph of their favourite part of the borough.

The winner will get a meal for two and a bottle of wine.

Organisers Havering Council said it is looking for pictures that reflect the best of the borough.

A spokesman said: "We want to see Havering through your eyes."

"So whether it's shoppers in Romford, historic buildings, our beautiful parks and countryside or something else that captures your eye, we'd love to see it."

The closing date for entries is November 30, 2014.

All images submitted must be the work of the person submitting them and be taken within Havering.

For more information, visit: [haverling.gov.uk](http://haverling.gov.uk)

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STAR: Dr Sanjay Wijayatilake, second from right, at Queen's Hospital's Star of the Month Award presentation, with chief executive Matthew Hopkins, far right and other staff members

## 'Role model' surgeon wins hospital award

A CONSULTANT has won a Star of the Month award for his outstanding contribution to neuro intensive care at Queen's Hospital, Romford.

Dr Sanjay Wijayatilake's achievements was working with the hospital trust to boost the number of beds in neuro intensive care, from six to nine.

This has resulted in faster referrals from other hospitals in Essex, meaning that patients now wait less time for specialist care at Queen's.

Barking, Havering and Redbridge University

Hospitals NHS Trust is a regional centre for neurosciences, and has won awards for its innovative treatment of patients with head injuries and a wide range of neurological conditions.

Trust chief executive Matthew Hopkins presented Dr Wijayatilake with a certificate, box of chocolates and £50 shopping vouchers.

Mr Hopkins said: "I am proud of Dr Wijayatilake for improving care for our patients.

"He is a real role model for our other staff and it was a pleasure to present him with this award."



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# Royal visitor to inspect engineering centre

THE Centre for Engineering and Manufacturing Excellence (CEME) in Rainham, will be visited by its patron, HRH The Duke of York.

The Duke will be meeting staff and students at the newly opened East London University Technical College (Elutec) with CEME.

The college, which opened on September 8, is helping meet the demand for skilled engineers by providing 14 to 19-year-olds with an academic, technical and vocational education for teenagers from East London and Essex who wish to specialise in engineering and design.

During the visit His Royal Highness will also meet CEME staff and have a working lunch with industry leaders from engineering and manufacturing businesses in London and Essex to discuss manufacturing in the capital and research.

Bill Williams, CEME chief executive, said: "We are honoured that The Duke of York is paying a return visit to CEME as there have been many developments since he was last here in June 2013, a significant one being the opening of Elutec."

"His Royal Highness has a passion for education, engineering, manufacturing and technology and his visit will be a boost and inspiration to the businesses and students at CEME."

Ruth Umerah, Elutec Principal, said: "We are thrilled to have a visit from The Duke of York so early in our first year. This is hugely exciting for our students and staff. We are looking forward to talking to him about our plans for the future."

To learn more about CEME visit [www.ceme.co.uk](http://www.ceme.co.uk) or call 020 8596 5400.



ROYAL VISIT: The Duke of York, Prince Andrew

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## Transport matters raised with council

SIR Peter Hendy, Commissioner for Transport for London (TfL) met with Councillor Roger Ramsey, Leader of the Council to discuss schemes that the Council and TfL are working on jointly.

Havering Council also raised the issue of improving safety at Gallows Corner, which has become a cause of concern for residents recently.

Other key matters discussed included Crossrail and Romford Station access, and the possibility of a further major development scheme for Western Road (Romford) to complement the new Romford leisure development.

TfL representatives were then given a quick tour of Victoria Road

and The Battis, both part of the current Romford major scheme and funded by TfL and Sir Peter Hendy was impressed with the work that had been done so far.

Councillor Roger Ramsey, leader of the council, said: "We had a very successful meeting which will help us to move forward with a lot of projects that we are working on jointly with TfL."

"Some of those are coming to an end soon and it was a great opportunity to show off what all the hard work has achieved."

A street party to celebrate the works on Victoria Road and the Battis as part of the major scheme took place last weekend.

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# Wilko's return to work

ROCK legend Wilko Johnson is preparing to 'get back to work', representatives have teased.

A message posted online said the star was enjoying a trip to Japan before reprising his career.

The Dr Feelgood songwriter underwent major surgery in April to remove a 'football-sized' malignant tumour.

The guitarist was told in January 2013 that he had terminal pancreatic cancer and only 10 months to live.

He underwent further tests in April 2014 as experts could not understand why he was still alive.

Results showed his cancer was less aggressive than previously thought, but had spread to other organs.

He underwent a pioneering operation at Addenbrooke's Hospital, Cambridge, in which surgeons removed his pancreas, spleen and parts of his stomach and intestines.

The op will leave him diabetic but may have extended his life expectancy by decades.

The rocker's official Facebook page announced in early September that he had recruited new managers.

A message posted last week teased Wilko's return to the music world.

It said: "A big thank you for all your messages of support for Wilko over recent weeks and months. We're pleased to report that he's currently relaxing and enjoying a trip to Japan. Not only that, he's excited about getting back to work. Watch this space."

Wilko topped the UK download chart in March with Going Back Home, an album released with The Who frontman Roger Daltrey. The collection peaked at number three on the UK album chart.

Daltrey said in May that he would like to record a second album with Wilko if he recovered from surgery.



READY: Wilko Johnson is getting ready to go back to work

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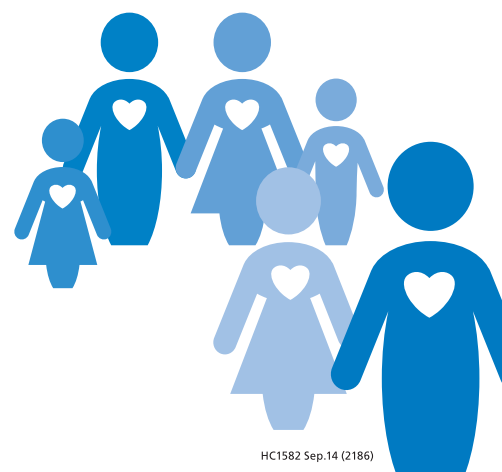
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Errol Thompson, hip replacement patient, May 2014







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# what's on

To have your event considered for publication, send the details AT LEAST 10 DAYS before the issue date to: **What's On, Yellow Advertiser, Acorn House, Great Oaks, Basildon, SS14 1AH.** You can e-mail us at: **letters@yellowad.co.uk** PLEASE NOTE: We cannot guarantee that all entries will be included. However, you can add the details of your event to our website at **www.yellowad.co.uk**

## Saturday, October 4

■ Epping Forest H F Group, 020 8504 1329, meet at 10.30am at Upminster Bridge Station, eight-mile walk.  
■ Table Top Sale – Parkside Community Centre, Goodmayes Lane, Goodmayes. 10am-1pm, tables £5 020 8590 7497.  
■ Table Top Sales – St Paul's Community Centre, Barley Lane, Goodmayes, books, clothes, DVDs and more, free admission, noon-3pm, cost per table from £8, to book call 07453 782726.  
■ Tennis – Small club in Ilford, we play throughout the year, (Sat afternoons, Sun mornings and three weekday afternoons), low fees, over-50s welcome, details Tom 020 8593 4365 or John 020 8592 1609.  
■ Ante-natal Yoga – Quaker Meeting House, Bush Road, Wanstead, Saturdays 10am-noon, Mondays 6.45-8.45pm. Post-natal yoga, Saturdays 12.05-1.15pm. 020 8923 6452.

## Sunday, October 5

■ Admiring Osterley, meeting at Tube station 11am or in Osterley House for those coming by car. Five/six miles. 020 8926 4593.  
■ Strides Badminton Club – Wanstead Leisure Centre, Redbridge Lane West, 3.30pm, 18-plus, all levels, Mark 020 8598 8435 (before 9.30pm).  
■ Sunday Service – Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm. 07974 108350.  
■ Sunday Services – King's Road Baptist Church, Chingford, 11am and 6.30pm.  
■ Sunday Services – Higher Life Christian Centre, Forest YMCA, Forest Road, Walthamstow, 10am-noon. 01279 4159441.

## Monday, October 6

■ Arts and Crafts – Unity Hall, Bramley

Close, (off Oakfield Road), Walthamstow, friendly group for adults, Monday afternoons. 020 8527 1454.  
■ Music Circle – Music Listening Appreciation Group, Rectory Library, Rectory Road, Dagenham, 7pm, admission free. 020 8592 8821.  
■ Friendship Club – Plum of Feathers Pub, Church Hill, Loughton, for singles 50-plus, 7.30pm, details 07986 472527.  
■ Rehearsals – Redbridge Ladies' Choir, Palmer Catholic Academy, Seven Kings, Mondays, 7.45-9.15pm, new members very welcome. 020 8550 8677.  
■ Rehearsal – The Roding Players Orchestra, Roding Valley High School, Alderton Hill, Loughton (opposite Tube station), 7.15pm, new members welcome. 020 8505 4329.  
■ Forest Highlanders – The Forest Highlanders Pipes and Drums, St Cedd's Church, Seven Kings, 8pm.  
■ Chingford and Walthamstow Chess Club – Priory Court Community Centre, 7.30pm, details Tony 020 8524 0827.  
■ Bingo – Friday Hill Community Association, Coney Burrows Community Hall, Friday, Mondays and Wednesdays 1.30pm.  
■ Multi-denominational healing – Redbridge Healing Centre, IRDSA Hall, Craven Gardens, Barking (next to car park, Fullwell Cross roundabout), 7-9pm, no charge, freewill donations welcome. 07971 536581.  
■ Yoga Classes – The Peterhouse Centre, Walthamstow, 1-3pm and at Tiptree Community Hall, Barking, 7.30-9.30pm, call Kay Russell 020 8554 7168.

## Tuesday, October 7

■ New affinity Friendship Club & Social Club, Days out, weekends away, theatre/cinema and other activities, 07731 969819. [www.newaffinity.org.uk](http://www.newaffinity.org.uk).  
■ Stroke Club – Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, 1.30-4pm. 020 8595 3973.  
■ Senior Citizens Club – United Reformed Church Hall, Upney Lane, 1.30-4pm, bingo, quizzes, buffets, disabled facilities.  
■ Gale Singers Ladies Choir – Hatfield Community Centre, Hatfield Road, off Hedgemans Road, Tuesdays 10-11am, details Janet 020 8592 2270.  
■ Duplicate Bridge – Parkside Community Centre, (corner of Goodmayes Lane and Longbridge Road) Barking, 1.30-4.30pm, regret no beginners, call Jim (pref. evenings 5.30-6.30pm) 020 8592 0397.  
■ Rehearsals – Chapel End Savoy

Players, St John's Church, Chingford Road, Walthamstow, 8-10pm. 020 7474 7926. Gilbert and Sullivan, songs from the shows, old time music hall.  
■ Come Sing With Us – Pearl Hiller Concert Choir, Gants Hill, Tuesdays 1.30-3.30pm, call Pearl 020 8554 1240.  
■ Barking Road Runners – Meet Barking Abbey School Leisure Centre, Woodbridge Road, Tuesdays and Thursdays 7.15pm, for experienced or fun runners, over-16s, 020 8594 4602.  
■ Whist Drive – British Legion Club, Ilford, 7.45pm. 01708 555478.  
■ Line Dancing – Walthamstow Trades Hall, intermediates, 8-11pm. 07968 036373.  
■ Circle Dancing – King Solomon High School, Barking, 8-10.30pm, no partners necessary, details 07956 592938.  
■ Square Dancing – American Square Dance Club, Fullwell Cross Library, Barking, 8-10.30pm, all welcome.  
■ Tea Dance – Woodward Hall, Woodward Club, Dagenham, mainly ballroom and Latin American, 2-4pm. 020 8592 8402.  
■ Folk Dance – Redbridge Folk Dance Group, King Solomon High School, Forest Road, Barking, 8-10pm. 020 8559 8505 (eve).  
■ Old Tyme and Popular Sequence Tea Dance – Abridge Village Hall, 2-4.30pm. 020 8550 5061.  
■ Salsa Classes – Latin aboard the Tereza Joanne Boat, permanently moored at King George V Dock, E16, 7.30pm. 020 7511 5000.  
■ Fitness Classes – Wesley Hall, Methodist Church, High Road, Loughton, 10.30-11.45am, 020 8508 3346.  
■ Sahaja Yoga Meditation – Jewel Road, Walthamstow, learn to meditate and relax at free weekly classes, 7.30pm, beginners welcome. 07931 851954.  
■ Yoga Classes – Redbridge Social Centre, rear of 188/190 Beehive Lane, Ilford, for beginners and mixed ability, 2-3.30pm and 7.30-9pm. 020 8550 0689.  
■ St Francis Mother and Toddler Club – Evangelical Church, Fencepiece Road, Barking, 1.30-3pm, adults £1, children free entry.  
■ Duckling Club – Parent and toddler group, Ley Street Chapel, Ley Street, Ilford, 10am-noon. 020 8514 1255.

## Wednesday, October 8

■ West Essex Ramblers, 020 8502 1628, meet 10.30am, at Bury Road Car Park, five-mile walk, return to north Chingford by bus.  
■ Meeting – Talking Hands, friendly club for the deaf and hard of hearing, 10.45am-

2.45pm, York Room, Central Library, Clements Road, Ilford.  
■ Table Tennis, Forest Community, Guildford Road, Walthamstow, 8pm, new members welcome, details Ray Massey 020 8524 4289.  
■ Meeting – Friends Club, St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), 1-4pm, short mat bowls and snooker, 50p per session.  
■ Live Blues Jam – Coach and Horses, High Road, Leyton, featuring guests, regulars and house band musicians, £2 listeners, £1 musicians, singers and drummers especially welcome, 8.30-11.30pm. 020 8502 0351.  
■ Ilford No. 1 Senior Citizens Club – Royal British Legion, Durban Road, Seven Kings, 12.30-3pm, call Eddie 020 8551 5079.  
■ Social Club – Wanstead House, The Green, Wanstead, quizzes, table tennis, card games, debates, talks, scrabble, 8.30-10.30pm. 020 8514 8046.  
■ Bingo – Royal British Legion Club, Dunton Road, Leyton, 7.30-10pm, and entertainment some Saturdays.  
■ Clairvoyance – Little Ilford Christian Spiritualist Church, Third Avenue, Manor Park, spiritual healing 12.30-1.45pm, services with clairvoyance 2pm and 7.30pm, freewill offerings accepted. 020 8514 4030.  
■ Keep Fit for over-50s, Debdon Park Community Association Hall, Willingale Road, 10.30am. 020 8508 3346.  
■ ICT skills training, inc internet and email. Castle Green Community Centre, Gale Street, Dagenham. To book call 01708 524897.

## Thursday, October 9

■ Rock'n'Roll Dance Night, every Thursday, Chingford Rugby Club, Waltham Way, 7.30-11pm, £5 entrance, call Malcolm 07960 664493.  
■ Need a chat and a cuppa? We have a weekly 'drop-in' which is a group of friendly people who want an afternoon of company, at St Andrew's Church, Church Road, Walthamstow, 2-4pm.  
■ Circle Dancing to World Music – Quaker Meeting House, Jewel Road, Walthamstow, 2-4pm, £4 inc refreshments, beginners welcome, no partner needed, details Pat 020 8556 3508.  
■ Meeting – Ilford Centre Townswomens Guild, St Alban's Church Hall, Albert Road, Ilford, 2-4pm.  
■ Meeting – Wanstead Rotary Club, County Hotel, South Woodford, 1-2.15pm, call David 020 8989 2701.

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- Coach travel throughout
- The services of a Tour Manager



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Departs 9 December 2014

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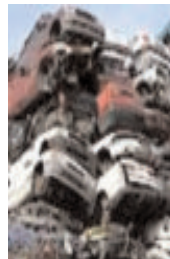
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classic car, anything considered

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**£ 24 HOURS - 7 DAYS £**  
**ALL AREAS COVERED**

## SCRAP CARS WANTED



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## O'S ADRIFT

### Ten-man Rochdale have upper hand over Slade-less Orient

#### Leyton Orient

**Leyton Orient 2 Rochdale 3**  
By Rowland Lyons  
at the Matchroom Stadium

MANAGERLESS Leyton Orient hit a new low after losing against ten man Dale on Saturday.

Stand-in boss, Kevin Nugent, saw his side undone by a Matt Done brace and Peter Vincenti's winner, even though Jobi McAnuff and Romain Vincelot had put the east Londoners in the driving seat before the interval.

Leading from Done's spectacular opener, the high-flying and newly-promoted visitors were later down to ten men and conceded a penalty, when Ashley Eastham was red-carded for a 'professional' foul on Darius Henderson. The video replay later showed the foul to be outside the box.

Jobi McAnuff had at least cancelled out Done's opener, on 13 minutes, with an equally spectacular

effort after Eastham could only head on Dean Cox's cross ball into the winger's path.

Both sides had chances before Dean Cox found Henderson, but saw his path to goal baulked by Eastham's 29th minute challenge. Referee, Darren Sheldrake immediately produced a red card and pointed to the spot.

But, Chris Dagnall - scorer from the spot in the recent draw at Notts County - fluffed this penalty kick - allowing Conrad Logan to make a comfortable save.

Credit, to the east Londoners - though - as they pummelled the visitors, with arguably their best spell of football so far this season. Vincelot finally capitalized and netted with a header following good work from Henderson and Shane Lowry minute from the break.

But, fatally, the O's lost concentration at the back and with the 4000 crowd barely back in their seats Vincenti had the easiest of tap-ins after

keeper Gary Woods spilled Jack O'Connell's 48th minute drive.

Orient tried to regain the lead with Henderson and Bradley Pritchard going close, but the plucky visitors soaked up the pressure and Done hit them again, on the break, with a fine curling 66th minute effort.

Worryingly, the O's never even looked like levelling and Nugent admitted: "We absolutely capitulated and there were two goals in the second-half you wouldn't expect to happen - and they did."

"We had enough chances to win the game - and were excellent for the majority of the match. But, we found ourselves in the same position as a fortnight ago and the same mistakes have cost us again. It was from our set-piece that they have broken away and scored and it has really cost us. We really switched off. What can you say?"

Dale assistant boss, Chris Beech added: "We changed the shape of the

team at the break - and the players represented the manager's wishes today as strongly as could ever could be witnessed."

Skipper Scott Cuthbert said: "When they went down to ten men, we struggled to break them down. We were naive switching off from a set-piece that led to their goal. It's massively frustrating."

He warned: "We can't go through the season conceding goals like that. And, seems - at the moment - we are creating chances and not putting them away. They had three chances and scored three goals today."

**Leyton Orient:** Gary Woods, Elliot Omozusi, Scott Cuthbert (captain), Mathieu Baudry, Shane Lowry, Jobi McAnuff (David Mooney 70), Romain Vincelot, Lloyd James (Bradley Pritchard 26), Dean Cox, Darius Henderson (Shaun Batt 67), Chris Dagnall.

**Rochdale:** Conrad Logan, Rhys Bennett, Ashley Eastham (sent-off 29), Jack O'Connell, Scott Tanser, Bastien Hery (David Cannon 46), Jamie Allen (Ollie Lancashire 33), Stephen Dawson, Iran Henderson (captain) Peter Vincenti, Matthew Done (Joseph Bunney 84).

#### Non-league round-up

### City storm to success

by Brian Jeeves

THE FA Cup second qualifying round took centre stage and it proved to be a good weekend's toil for the regions non-league football clubs with six-shooters Chelmsford City leading the way.

The Clarets put their recent Vamarama Conference South problems behind them to record a resounding 6-0 rout of Ryman League One South outfit Worthing at Melbourne Stadium. Michael Cheek grabbed a hat trick for rampant City, with Evana Kouassi, Mark Hughes and Sam Gregory also hitting the target.

Canvey Island have a fair bit of recent cup history. The Gulls were at it again, snatching a 1-0 win at Burnham, Ishmail Kamara scoring the decisive goal early in the first half.

Billericay Town also enjoyed FA Cup success. Goals from Richard Halle (penalty) and Ricky Sappleton earned the New Lodge side a 2-1 triumph over Raynes Park Vale. Simon Moore with the visitor's consolation. And Aveley took the honours in the all-Essex tie. Danny Francis and a late Theo Ola goal sinking Thurrock at Ship Lane.

East Thurrock United won a thrilling tie at Metropolitan Police by the odd goal in seven. Lewis Smith (2), Sam Higgins and Connor Witherspoon finding the net for the Rocks, and Witham Town also hit four, seeing off Lewes 4-2, a brace from Tom Wraight along with goals from Danny Emmanuel and Jamie Stevens enough to see Town home.

Concord Rangers will have to do it all again after a goal five minutes into injury time from Joe Gardner cancelled out a first half strike from Wealdstone's Joe Turner.

Vanarama Conference Premier side Braintree Town enter the FA Cup at the next stage, therefore it was league business for the Iron for now. And Alan Devonshire's men picked up a useful point from a hard-fought goalless draw with FC Halifax Town.

In the Ryman Premier Division, AFC Hornchurch continued to frustrate their faithful fans. A single goal from Luke Wanadio was enough to see Hampton & Richmond Borough leave Bridge Avenue with maximum points.

Meanwhile in the Ryman North, Tilbury went down 4-2 at Soham Town Rangers, Luke Stanley grabbing a hat trick for the hosts. Francis Babalola and Ruben Duarte replied for the Dockers. Elsewhere Redbridge went down 2-0 at home to Thamesmead Town while Brightlingsea Regent were held 1-1 by Harlow Town.

The pick of the Essex Senior League action saw Barking thrash Eton Manor by four goals to nil, while Clapton grabbed a late winner to see off Bowers & Pitsea at the Old Spotted Dog. Hullbridge Sports edged out Takeley 2-1 and it was the same outcome at the Cricklefield Stadium were Ilford beat Southend Manor. Basildon United and Enfield 1893 shared the spoils after a goalless draw.

## Cross country teams bring home medals haul

#### Athletics

THE cross country season got off to a promising start when Havering teams racked up an impressive seven medal tally at the Essex County Cross Country Relays at Hockley Woods on Saturday.

The Under 15 Boys boys squad came home well clear of runners up Benfleet to earn a well-deserved gold medal. Oliver Morter (11:41) handed over just behind the Benfleet competitor and Lewis Debenham's 11:48 leg put them in front and Oliver Bath's 12:29 anchor ensured gold. The B team of Jack Rice (12:03), Sam Atkins (12:43) & Tom Sheldrick (12:18) were always in medal contention and added a great bronze.

The senior ladies trio of Debbie Appleton, Lydia Hallam & Vicky Smith took silver medals. Veteran Debbie's opener of 17:22 was the trio's fastest split and brought them in second behind Colchester and Lydia's 17:47 leg gave the squad a narrow lead. Despite a fine 17:27 anchor Vicky was unable to hold off Colchester's Sarah Stradling as the team had to settle for silver. The B team of Jane Hallam (23:02), Tracy O'Neill (24:38) & Mo Lear (22:49) were 27th.

The Under 15 Girls A team added another silver with the B team also taking bronze. Sophie Rand (12:58) handed over third and Kate O'Neill (12:50) clawed back a place, and Katie Mitchell's last leg of 12:54 confirmed silver.

A third silver came from the Under 13 boys' team. Oliver Woods (13:01) led off for fourth and Ellis Osborne's 13:38 second leg pulled back a place before Harry Jones' sizzling anchor of 12:32 claimed silver. Newcomers Henry Lay (14:10), Dominic Jarvis (14:00) & Alex Ford (14:06) were 8th and the equally novice C team of Reece Debenham, Denny Hughes & Ben Naish placed 11th.

The Under 13 girls completed the medal haul. Molly Sweetman's fast opener of 13:48 handed over in third, and Molly Bath (14:34) and Grace Dukelow (14:22) kept the team in bronze medal position and were not far off silver. There were



The silver medal winning trio of Sophie Rand, Katie Mitchell & Kate O'Neill with Becca Brown (left A62) from the bronze medal winning squad

good results & strength in depth from the sixth & seventh placed B & C teams of Kate Walker (15:15), Chloe Morter (15:48) & Lily Bath (15:02) and Rosie Brown (15:25), Milli Lewis (also 15:25) & Sydney Foley (15:37)

The Senior Men were hit by injuries & late withdrawals which required a late reshuffle but they still finished a creditable seventh and almost had three full teams. Jason London (16:05) led off the A team with good run to bring them home in 9th place. Rob Warner (14:50) ran the fastest Havering leg of the day bringing the team up to 3rd, Matt Bland (16:41) ran well to bring the team home in 6th. Abdul Mohamed (17:03) stepped into the breach at the last minute and did very well in his

first senior race to bring the team home in 7th. The B team were 15th thanks to good legs from Jason Crispin (17:27), Luke Jackson (18:07), and strong runs from Gavin Maley (16:43) and Paul Grange (16:45). The incomplete C team did themselves justice with useful runs from Russ Middleton (19:21), Tony Collins (20:02) and Paul Berrett (19:57).

The Under 17 Men were 10th thanks to the efforts of Zack Killoran (12:32), Bradley West (12:28) & Matt Braybrook (11:46).

Many of the younger runners were in their first outings in club colours and will know what to expect when the Essex Cross Country League action gets under way on October 18.

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12 WYE INDUSTRIAL ESTATE, BUCKS HP11 1LH

### TILE CLEARANCE CENTRES:

**ILFORD** 020 8518 0335

752 EASTERN AVENUE (ON THE A12)  
ILFORD, ESSEX IG2 7HU

**LEYTONSTONE** 020 8558 8645

395 LEYTONSTONE HIGH ROAD E11 3HW

**H O M E  
T I L E S**